Do Now

• Based off the videos and questions we saw yesterday, what is your impression of bipolar disorder? Was your initial belief accurate or not? Explain.
  • 5 Sentences
Bipolarism

Write Everything in Purple
Highlights of Bipolarism

• Commonly known as manic-depression
• Chronic recurrent illnesses, must be carefully managed
Two Types

- **Bipolar I Disorder**
  - Most severe form of bipolar disorder
  - Severe shifts in mood
  - Will cause 5% of women and 10% of men who have it to take their own lives

- **Bipolar II Disorder**
  - Similar to Bipolar I, but with one significant difference
  - The highs are no where near as high, and the lows are no where near as low
  - Is more severe than common depression and everyday life
  - Yet this is something that person might live with and never actually realize it
Bipolarism Traits

• Mania
  • Period of intense mood disturbance with persistent elevated mood

• Hypomania
  • Low-level and less dramatic mania

• Depression
  • A severe feeling of generally feeling poorly

• Rapid Cycling
  • The constant and rapid, within 12 months, at least 4 months of this cycling
Risk Factors

- Genetics
  - If one parent has it the chance of developing Bipolarism is between 15% and 30%

- Environmental
  - Stressful environments, particularly with family or adverse conditions
  - No Chemical factors

- Psychological
  - There is currently no psychological theory to explain it as technology has debunked most theories
Treatment

• **Hospitalization**
  • Takes a person who is in immediate danger of death and places them in a safe environment
  • It will only last for 30 days however
  • After this period, the person set lose on their recognizance

• **Medicine**
  • Is effective, particularly lithium, in balancing out the depressive states
  • Bringing down the manic states is more of a challenge
  • The combination of trying to make sure medicines don’t cross one another is a difficult challenge

• **Electroconvulsive Therapy**
  • Shocks the brain into a reset mode
  • Same thing is used for depression
  • In theory can cause a “computer reset”