Pavlov/B.F. Skinner and Conditioning

Everything in light blue write down.
Two Types of Conditioning

- Classical Conditioning
  - Training an animal or person to react a specific way to a specific stimuli over time to produce the same result every time

- Operant Conditioning
  - B.F. Skinner
  - The idea that different stimuli produce different results
    - Positive Reinforcement
    - Negative Reinforcement
    - Positive Punishment
    - Negative Punishment
Classical Conditioning

- **Unconditioned Stimulus (US)**
  - A stimuli that causes a person to react a certain way
- **Unconditioned Response (UR)**
  - A natural reaction to a stimuli
- **Neutral Stimulus (NS)**
  - A natural stimuli which is not intended to cause a response
- **Conditioned Stimulus (CS)**
  - A stimuli which is a learned cue to cause a **Conditioned Response**
- **Conditioned Response (CR)**
  - This is the overall result of what happens when a person is conditioned.
  - When the **Conditioned Stimulus** is presented a person reacts with a **Conditioned Response**
Okay, Here are two examples. Write One down.

- For example, a **stomach virus (UCS)** would produce a response of **nausea (UCR)**.
- For example, a **stomach virus (UR)** might be associated with eating a certain food such as **chocolate (CS)**.
- In another example, a **perfume (UCS)** could create a response of happiness or **desire (UCR)**.
- Also, **perfume (UR)** might be associated with a **specific person (CS)**.
  - Same thing goes for deodorant, and everyone does this on a daily basis.
Lasting Impressions

- Take a moment and write about three sentences about what it was like to lose someone, have someone leave you, or if you were forced to leave someone.
- Did you have any instincts left over from that?
- Did you notice any smells that impacted you?
- Do those smells still impact you?
- Why do you think that is?
Testimonial

I recently ended a serious relationship with a guy and there are still times that emotions get the best of me when I see something, smell something, or see people that are completely associated with the guy I dated. Even smaller things such as driving on a certain road arises emotion in me of the time we used to drive on that road together.

When we were together and made memories there was a certain emotion that I felt during this time. Thus when we ended our relationship different emotions would arise when these memories occurred. Because a certain event or thing in life provoked these emotions it is considered classical conditioning.

• What impression have been left upon you?
• What instincts do you still have from the past?
• Is there a smell you avoid because of the memories or feelings it causes?
• Where do you think these come from?
• What do you believe is the strongest trigger of memory?
Go to the Link Below, The PDF File Classical Conditioning on my Website says the same thing:
https://www.simplypsychology.org/classical-conditioning.html

**Answer the Following Questions:**

What do you think of conditioning in the classroom? How important is it to you?

Do you believe that the “Little Albert” Experiment is cruel?

Did it provide us with anything useful?

A bit of Philosophy: Is a necessary Evil still evil or simply inconvenient?

"Give me a dozen healthy infants, well-formed, and my own specified world to bring them up in and I'll guarantee to take any one at random and train him to become any type of specialist I might select - doctor, lawyer, artist, merchant-chief and, yes, even beggar-man and thief, regardless of his talents, penchants, tendencies, abilities, vocations and the race of his ancestors" (Watson, 1924)

Tell me what you think about this quote near the top of the article. Two sentences.

Do you believe that a person can become anything they want when they are born, or are they stuck with the same basic intelligence and skills as their parents?

Defend Your Argument
Human Trained By Cat

https://www.youtube.com/watch?v=RHubjPxzMlA
HOMEWORK!!!

Find once instance in the real world where you, someone you know, an animal you own, or an average person for that matter, has been conditioned, in the classical sense. Now, This could be something as simple as stopping when you see blue lights because you think, “POLICE!” However, whatever it is, you must defend your example of someone being conditioned, in the classical sense, with at least one full 5-7 sentence paragraph.

Make sure you explain it in a way that I can clearly understand it.

Yes, this is also on the website.