Do Now:

• What is one thing that you will take from the previous unit over Conditioning and other issues that is important to you?
Behavior and Learning

Write Everything in Purple.
Hard Lessons of Life (2 Full Sentences)

• What lessons might the singer in this video have learned?
• Do you think that his initial instinct about the other person was justified, or paranoia?
• In either case, he says that he knew what he was talking about: why do you think that is, where did he learn that instinct?
• Just curious, is this a little one sided?
How do we really learn, outside of school

• What might else might this form of learning be called?
• Have you ever heard of the term life lessons?
• Where do you believe those come from?
What Learning is in Psychology

• A permeant change in behavior as a result of experience
• This can be caused by a singular event or a series of events over time (conditioning anyone?)
• John B. Watson, founder of Behavioral School of Psychology, argued that all behavior is the result of a learning process
• That process is not always easy and can be painful
• What might be missing from the list to the right?

Three Types of Learning

• Classical Conditioning
• Operant Conditioning
• Observational Learning
Back to Conditioning

- Do you believe that Conditioning is a form of learning?
- Why or Why not?
- Two Sentences.
Behaviorism

- A belief system in psychology that sought to measure only observable behaviors
- Argues that all behaviors are learned behaviors
- Argues that we are nothing but merely the sum of our experiences
- Has since fallen out of favor in some circles, why do you think that is?
We’ll Get Deeper Into This Later

However, for now,

- Behaviorists would have us believe we are not more than the sum of our parts
- Would you agree or disagree with this?
- Is there ever a time when this isn’t true, when we defy what experience tells us we should do?

[https://www.youtube.com/watch?v=M155Er6PFz0&t=1727s](https://www.youtube.com/watch?v=M155Er6PFz0&t=1727s) 21:10-26:09