Look Inward

Become a Behaviorist For a moment

Identify three major events in your life.

Explain precisely how you learned something from those events, and how that impacts your behavior today. Remember if those events do not impact your current behavior then they are merely memories and not of importance to a Behaviorist. Behaviorists are not concerned with emotions or your internal thinking.

Some of these may be quite personal, which is okay. However, make sure that you have one that you are comfortable sharing with the rest of the class.

For each Three.

Identify the event.

Write a two sentence explanation of it.

Write a two sentence of how it changed your behavior.

Write a final sentence of how that is an example of “Behavioral Learning.”