Answer the below Questions. This will count as a daily grade.

Make Sure Each Answer to The Question Meets the Two Sentence Minimum

In Case the Above Link Fails, Copy and Paste the Below Title into the NewsELA Search Field.

Without the Quotation Marks

“Even the small stress of daily life can hurt your health”

1. When you think of stress what is the most common type you think of?
2. What happens, according to the article, with everyday stress?
3. What is a good analogy that you hear a lot that might help explain what the author is talking about is paragraph II?
4. What impact does long term stress have on your life?
5. Is having a minor argument with a significant other a big thing by itself?
6. What can make a minor argument more stressful than it should be?
7. What is important about daily pleasures, the simple things?
8. What are some of your daily pleasures which help you cope with stress do you believe?
9. Is the world out to get you, or is that merely human perception of being self centered? Explain and justify. (Three Sentences)
10. What advice is given at the end of the article, and do you really believe such advice is effective?