1. What is the one thing that always appears to have an impact all on the disorders we have discussed, and why do you believe that is? (Anxiety Disorders, Depression Disorders, Bipolar Disorders, and Schizophrenia)
2. Do you believe that bringing in animals would help you reduce stress, why or why not?
3. Are you a cat or dog person, why that one?
4. When the animals are brought into the school how does it help reduce stress for the students?
5. What does the breakup of routine with a furry friend help knock back stress?
6. How has it helped get kids mind off school?
7. Do you believe that schools, on the whole, worry too much about the curriculum that they teach and not enough about the mental health of its students?
8. What would you change in schools which would help students with mental health?
9. There has been some argument that 5 days a week is too stressful for students and teachers alike, and some have said that 4 longer days would be better than 5 days. Pick a side, 4 days of 10 hours or 5 days of 8. Defend your answer as to which one would help with the stress of students more. (5 Sentences)
10. Do you think that more than dogs should have been brought in, as in a wider variety of animals, or were dogs enough? Why?