Do Now:

• How would you describe schizophrenia and what it looks like?
  • 5 Sentences

• https://www.youtube.com/watch?v=e-ORhEE9VVg&list=RDOpQFFLBMPI&index=24
Schizophrenia

Write Everything In Yellow
Common Perception

• Hearing Voices
• Delusions
• Inability to Cope With Reality
• Unhinged
• Crazy
• Actively Uncontrollable
• People Waiting to Go Off
The Reality

• The Must Interfere with what would be considered normal living
• Basic Needs are often disrupted
• Have one of the following psychotic symptoms
  • Hallucinations
  • Delusions
  • Disorganized Speech
  • Disorganized Though
Risk Factors

- **Genetic**
  - Most are inherited
  - 80% chance of a child being schizophrenic if one parent is

- **Biological**
  - Misalignment of portions of the brain
  - Disruption in Brain’s Electrical Activity
  - Low Blood Flow/Lack of Oxygen to the Brain

- **Environmental**
  - Little Evidence For Them
Impact of Stress

• If a person experiences high enough levels of stress for a long enough period of time, they can “crack”

• Usually people have breakdowns

• In some cases, however, the brain cannot handle the concept of a breakdown and thus begins to hallucinate

• This is usually due to the over production of cortisol over a long period of time
Symptoms

- Positive (Something Presents Itself)
- Negative (Something that Should Be There But Isn’t)
- Cognitive
- Affective (Emotional Symptoms)
Positive Symptoms

- **Hallucinations**
  - Sensations that appear to be real but are merely created within the mind

- **Delusions**
  - False beliefs held despite a lack of evidence to support them

- **Disorganized Speech**
  - Most common is haphazard and illogical thinking

- **Bizarre Behavior**
  - Basically acting different from “normal” to an extreme degree
  - Often Caused By Other Symptoms
Negative Symptoms

• Apathy
  • Decreased Interest in Things Which Were Once Interesting

• Alogia
  • Reduction in Speech

• Avolition
  • Loss of Motivation

• Affective Blunting
  • Reduced Affect

• Asociality
  • Decreased Desire for Social Interaction
Cognitive (Brain Issues)

• Impaired Memory
  • Short-Term Memory and ability to learn is impaired

• Impaired Information Processing
  • Delayed responses, misperceptions, or difficulty understanding others

• Impaired Reasoning
  • Inability to set priorities
  • Inability to use logic
Affect Symptoms

• Emotional Issues
  • Dysphoria
    • A state of unease or generalized dissatisfaction with life
  • Suicidality
    • Suicidal Thoughts/Ideation
  • Hopelessness
    • Complete Loss of Hope That Things Will Get Better
Closing

• Given This New Information
• How would you describe what a schizophrenic person appears like now?
• How might that be different from the common theme played out in society?
• 5 Sentences
  • https://www.youtube.com/watch?v=A-H7iJMo4fc