Unit 3: Vocabulary List

This will count as a Daily Grade

Define each word and then do two of the following:

- Draw a picture
- Use the word in a sentence
- Explain what the opposite of what something could be
- Give me the origin of the word

Vocabulary Words

1. Psychological stress
2. Physiological stress
3. Sympathetic Nervous System
4. Parasympathetic Nervous System
5. Anxiety
6. Stress
7. Catch-22
8. Double-Approach Avoidance Conflict
9. Fight or Flight Response
10. Adrenal Glands
11. Stress Hormones (What Are They)
12. Cortisol
13. Type A Personality
14. Type B Personality
15. Coping Mechanism
16. Defense Mechanisms
   a. Compensation
   b. Conversion
   c. Denial
   d. Displacement
   e. Dissociation
   f. Identification
   g. Intellectualization
   h. Projection
   i. Rationalization
   j. Reaction
   k. Regression
   l. Repression
   m. Splitting
   n. Sublimation
   o. Suppression
   p. Undoing
17. Defense
18. Adaptive
19. Maladaptive
20. Avoidance
21. Attack
22. Behavioral
23. Cognitive
24. Self-Harm
25. Conversion
26. Panic
27. Obsessive-Compulsive Disorder
28. Panic Disorder
29. Stress Disorder
30. Social Anxiety
31. Mild Anxiety
32. Generalized Anxiety Disorder
33. Distress
34. Deviance
35. Dysfunction
36. Normal
37. Disordered Behavior
38. Diagnostic and Statistical Manual
39. MMPI Projective Tests
40. Psychological Disorder
41. Bipolar Disorder
42. Depressive Disorder
43. Personality Disorder
44. Somatic Disorders
45. Schizophrenia